

Job Description

Position Title: Mental Health Recovery Officer

Position Summary:

The Mental Health Recovery Officer (MHRO) provides a best practise residential service to people who experience ongoing mental health issues by upholding the principles of recovery-based practice through a person-centred approach. The MHRO creates opportunities for mental health service users to identify and develop their own strengths and capabilities. This will encourage the development of psychosocial support and functional independence in their life whilst supporting their inclusion and participation in the community for eventual functional living at their own home.

Reporting Relationships:

The MHRO reports to the Home Administrator ensuring information sharing of all aspects of service delivery, service user and stakeholder interactions within the framework of the project's established policies and procedures. The MHRO supervises and supports the MHSW.

Responsibilities and Duties:

- To provide key support to service users at 'IL-Kantuniera', including one to one individual support and liaison with other mental health agencies on behalf of service users who use the services.
- To have the service user's needs at the fore at all times, working to the recovery model and using communication, motivation and coaching skills to support the service user to achieve their goals and aspirations.
- To develop a rapport with service users based on respect and honesty, whilst working within clear professional boundaries at all times.

- Enabling and encouraging service users to find out about local services and facilities within their community and facilitate access to alternative services where specific needs are identified
- To be familiar with individual Care/Recovery Plans and support people who use the services in achieving their goals.
- Encouraging service users to recognise, understand and manage factors that affect their mental wellbeing and physical health.
- To carry out needs assessments of clients choosing to engage within the service and prioritise needs effectively.
- To work with service users in developing, reviewing, monitoring and adapting support and safety plans.
- To be responsible for ensuring that all aspects of the service-user's individual care/recovery plans are fulfilled and all tasks are delivered within timescales and to agreed quality standards.
- To liaise with other external agencies, complimentary therapies and community groups on behalf of people who use the service.
- To undertake assessments in conjunction with statutory partners as appropriate
- To identify the support needs of those referred to the service.
- To contribute to the protection of individuals from the risk of abuse and harm to self and others who use the service.
- To monitor and report to the Home Administrator on the effectiveness of service delivery
- To work as a team member, sharing information and supporting colleagues.
- To support and guide volunteers ensuring they have the knowledge, information, and resources to be successful in their roles and make a positive and valued contribution to the service.
- Participate in the monitoring requirements of the service by providing statistical and qualitative information on activities, success stories and outcomes achieved.
- To maintain accurate records as required by policies and procedures, using appropriate paper and electronic systems.

- Engage with community events, meetings and forums to promote the service.
- Ensure effective incident and complaint recording including reporting information.
- Proactively contribute to continuously improving the service by making positive suggestions, providing constructive feedback and assisting in the implementation of agreed new ways of working.
- Support service users to express their satisfaction with the opportunities they have accessed by submitting comments, compliments or complaints.
- To participate in regular supervision and appraisal and undertake any relevant training appropriate to the role.

Skills, Values and Abilities:

- Must have a commitment to a person-centred approach including client involvement and empowerment.
- Must encourage the promotion of equality of opportunity for people who have experienced oppression and disadvantage in their life opportunities.
- Must Recognise and value all aspects of diversity
- Have an understanding of and commitment to the importance of access to ongoing training, learning and development opportunities
- Be able to work on own initiative and prioritise workload
- Be able to adapt to change and effectively manage change processes
- Must demonstrate effective interpersonal and communication skills
- Must have ability to maintain accurate records
- Must be able to establish and maintain constructive relationships with a wide range of people including external agencies.

Qualifications and Requirements

- A university degree qualification in one of the social and caring professions, including Social Work, Psychology, Occupational Therapy, Nursing/Mental Health Nursing.

- Substantial evidence of commitment to personal and career development relevant to the post.
- Have own transport and a clear Driving Licence.
- Fluent in spoken and written Maltese and English

The selected applicants must be willing to work on a shift basis including night-shifts and weekends.

Interested persons are to send their expression of interest through a motivational letter, CV, a police conduct certificate and a reference letter on info@maltatrustfoundation.org by Friday 30th September at noon.